## NEW MOMS

## **Prenatal Appointments**

During pregnancy or prior to the adoption, you should begin to prepare for the arrival of the child. Part of the preparation should include the selection of a pediatrician. Pediatrics 459 is accessible and conveniently located, and can provide close support for the new parent(s) during the first couple of months following child birth. Prenatal visits to our office are always welcome and free of charge. Please call the office during our business hours to schedule a visit and tour. You will have the opportunity to consult with the physician. A visit will be helpful to you in determining if our office is right for you, your child and family.

## **Office Visit Schedule**

The office schedule for well visits is as follows:

- o 2 weeks
- o 1 month
- o 2 months
- o 4 months
- o 6 months
- o 9 months
- o 12 months
- o 15 months
- o 18 months
- o 2 years and then annually

The well visits will include measurements of height, weight and head size. Immunizations are given at most visits prior to age 2. Blood work, vision, hearing, urine exams and other procedures are performed according to a standard schedule.

## **Common Worries**

There are many questions and concerns during the first several months of a child's life. Our doctor and nursing telephone triage staff can help you with most questions. For new moms, we recommend to get the following book, which is also recommended by the American Academy of Pediatrics:

Caring for Your Baby and Young Child: Birth to Age 5.

Our useful links button will direct you to many informative sources, particularly the American Academy of Pediatrics and its parent resource publications.